

Lectio Divina

Lectio Divina is an ancient way of praying. Each week in the bulletin, there will be a guided reflection on the Gospel of the Sunday for you to use. It is only 10 minutes in your day. But it will be worth it!

1. Find some quiet and comfortable space.
2. Ask the Holy Spirit to guide you. (*Spend about a minute on each of the following points*).
3. Read Matthew 5: 1-12
4. Imagine yourself among the crowd. The journey you have made to hear Jesus speak. The expectation. The silence.
5. What do you hear in what he says?
6. What do you feel?
7. What do you feel drawn to do?
8. Now talk to God about it.
9. Spend some time in silence in God's company.

AGAP

This month's film is "Unbroken" (2014).

Thursday, 2nd February, Matinee 1.00 pm, second screening at 7.00 pm at St Mungo's Retreat House, next to St Mungo's

Church, Townhead,
New members welcome.
Totally free! Big screen and speakers. Tea/coffee and chat.
Due to large numbers attending, please register your place beforehand either on our website: www.agap.org.uk/events/

Email: info@agap.org.uk

or Tel: 0141 552 5527

RCAG Youth's The Summit

Calling all secondary school pupils! RCAG Youth, alongside various groups in the Archdiocese are excited to announce the launch of our new monthly event "The Summit". But fear not, you don't need your hiking boots... we aren't the biggest fan of climbing mountains either! Jam packed with exciting talks, workshops, activities, Holy Mass with the Archbishop and some decent scrans- you'd be crazy to miss it! It'll take place in Bl. John Duns Scotus RC Church, G5 0YT, (just a ten minute walk from Glasgow City Centre) 2-5 pm on Sunday 12th February, 12th March, 14th May and 11th June.

We look forward to meeting y'all. For more info or to contact us, check out our Facebook page: www.facebook.com/RCAGYouth

ST PATRICK'S PARISH

Strathleven Place,

Dumbarton

Tel: 01389 762503



www.stpatricksdumbarton.org.uk

Fourth Sunday of the Year

29th January 2017

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MASSES -

Saturday: 6.30 pm Vigil Mass
Sunday: 10.00 Mass
12.00 Noon
5.30 pm

Weekdays:

Mon — Sat 10.00 am
Mon, Tue and Fri 7.00 pm

SACRAMENT OF RECONCILIATION

Daily After 10.00 am Mass
Saturday After 10.00 am Mass, 5.15 to 6.15 pm
and other times by arrangement

ROSARY

Mon-Sat After 10.00 am Mass
(unless there is a funeral)

Feast Days

Tuesday:

Memorial of St John Bosco.

Thursday

Feast of the Presentation of the Lord.

First Friday

This Friday is the First Friday of the month. Following on from the 10.00 am Mass, there will be Exposition of the Blessed Sacrament ending with Benediction at 12 noon.

First Saturday

This Saturday is the First Saturday of the month. Following on from the 10.00 am Mass, there will be Fatima Devotions and Exposition of the Blessed Sacrament ending with Benediction at 12 noon.

Second Collection

The Society of Africa Missions, the SMA Fathers will make an appeal at all Masses this weekend.

S.P.U.C.

Dumbarton Branch will be holding their Annual Quiz Night in St Patrick's Church Hall on Friday 17th February. Doors open 7.30, First question at 8.00 pm prompt. Come and enjoy a fun evening, testing your knowledge on a variety of topics. Tickets priced £3 are available from Ian. Tel: 01389 731509 or 07914515376.

St Francis Group

will be meeting on Monday 30th January at 7.30 pm after Mass in the Parish House, to study the Old Testament. All are most welcome.

Prayer Shawl Group

The next meeting will be held on Wednesday, 8th February in Ben View after the 10.00 am Mass. Thank you to all who contribute to our group with their time, willingness, prayer shawls, wool, donations and cards etc. They are very much appreciated. If you know anyone who would like to receive a prayer shawl please contact: Irene 731509 or Nancy 761273

or anyone in the group.
Thank you.

St Patrick's Toddlers

restarted on 13th January and new members are welcome. We meet on Fridays from 9.30 am-11.30 am. We have recently been struggling for helpers as many of the committee members have moved on to Nursery places with their children. Ideally if we could have a few extra helpers even on a rota basis who could help us out, even if you are not bringing a baby or toddler that would be even better. If there are any mums who come to toddlers who could help out now and again that would be appreciated. If this appeals to you either call in on Friday morning or phone my mobile or send a text 07906240829 Mary Bell. Thanks.

SCMA White Mass

For Healthcare Professionals and the work of Healthcare in Scotland. 12pm Sunday 12th February Holy Mass in St Mary's Metropolitan Cathedral, Edinburgh. A reception with Archbishop Cushley will follow Mass in the Cathedral's Camino Café. RSVP to book spaces and for info
Email: scottishcma@gmail.com

Dumbarton Senior

Citizens

The Dumbarton Senior Citizens Committee each year hold a Scots Night for the senior citizens of the town and they are provided with a three course meal, drinks and live local entertainment.

The location of this event is *St Patrick's Hall* from 6.30 to 9 pm on Tuesday 7th February and Wednesday 8th February. Tickets cost £1 each and are being sold at the Concord Centre on Monday 30th of January between 10 am and 2 pm.

St Patrick's Holiday Association October 2017

This year's destination is Madeira and to give more information about the holiday, there will be a meeting on Sunday 29th January at 7.00 pm in the Church Hall. Anyone interested in finding out more is most welcome to attend. The date of the holiday is Monday 16th -23rd October, leaving from Glasgow.